

BUTOHCLOWN CREATIVE RESIDENCY

This training is for:

Artists, creators and directors

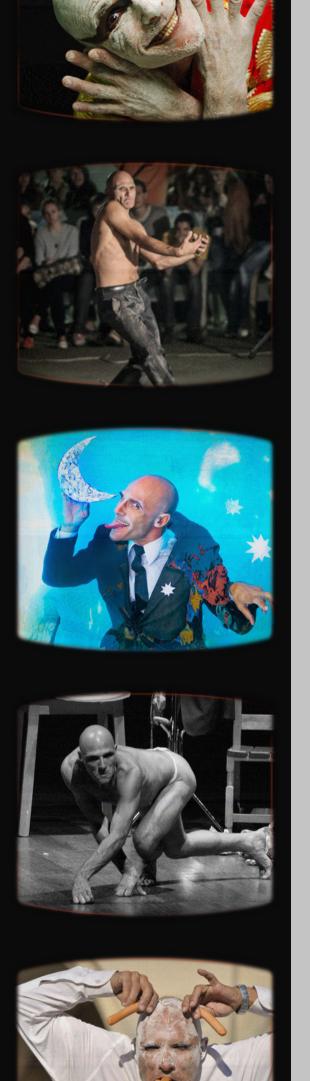
Theater, dance and circus professionals

Clown or Butoh practitioners

People in search of personal development, Explorers of new methods of creation arts enthusiasts

1-5 MAYO 2024 Vall de Laguart La Marina Alta, Alicante (Spain)

LUIS "LOCO" BRUSCA



A search... impossible?

WHY BUTOH?

For over 15 years, I have explored the discipline of Butoh in depth, guided by teachers who have expanded my understanding of the three fundamental aspects of being:

- Physical Body, which encompasses the sensory and emotional;
- Mind, which involves the psyche and imagination;
- Spirit, which unifies and transcends the other two.

This practice has become an indispensable tool both on stage and in daily life.

And it's time to tell... WHY CLOWN?

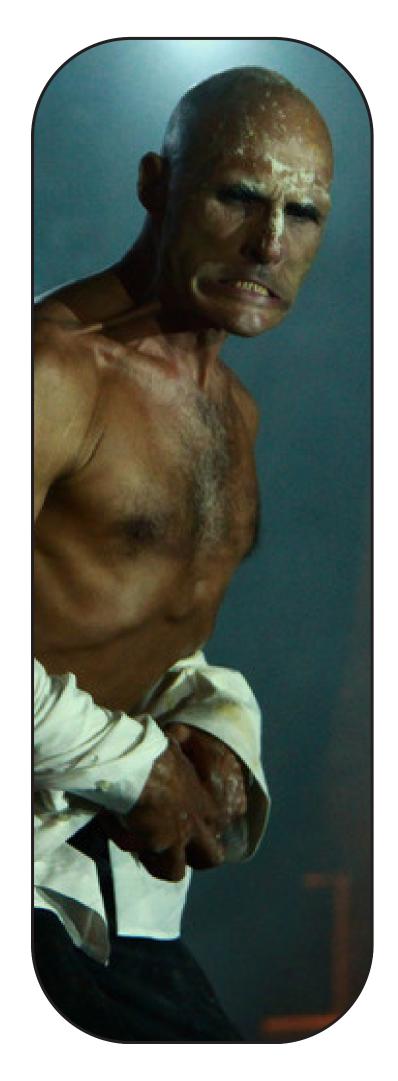
I started practicing clowning much earlier, my first class was in 1985.

At first it was very complicated, but I found teachers who guided me and I entered that endearing world. What a marvel later, traveling around the world thanks to the combinations he made with pantomime, improvisation and street theater.

I like the clown's innocence, mischief, as well as spontaneity and freedom, and above all Kaos, very close to the Jester... Criticism, opposition, breaking rules and molds...

In any case, I started much earlier, in childhood, I played all kinds of characters, superheroes, cowboys,
 ♠ Indians, already in adolescence, on bus trips with my high school classmates, there I did imitations of TV characters, I sang Rock & Roll, I told jokes... my first boards...





BUTOH-CLOWN IS LIKE PAINTING THE CEILING...

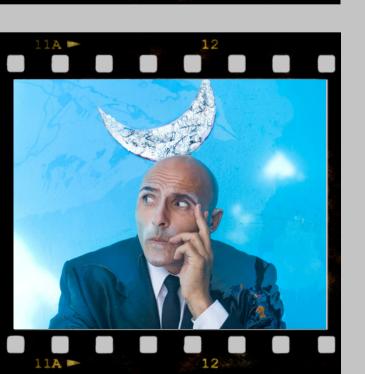
two opposite styles meet face to face

...WHILE CLEANING
THE FLOOR









AND THEN ...

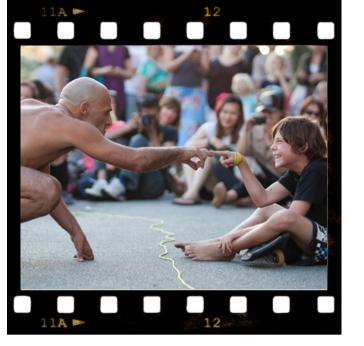
The search for the nexus arrives, the union between these very opposite disciplines such as butoh and clown.

Butoh is an introspective dance, with an inclination towards darkness, intense emotions and the use of images such as death.

It focuses on working on the personal shadow, allowing the intensity of emotions, or the subtle movement that goes beyond mental control, letting sensations generate deep emotions, inspiring a surprising imagination for the audience and even for the performer.

Some failures along the way almost made me reconsider my search, not only for a personal language, but also to open a way for those non-conformists with the established in both disciplines.

What limits, interpreting, feeling, can you reach?
Have you connected with the root of your art?
What limits can you cross in the soul and passion of the audience?







Step by step... the **CLOWN** goes to meet

On the other hand, the clown heads outward, towards light and life, seeking to be the center of attention, always with the intention of pleasing, entertaining, empathizing and connecting with the public.

With many resources for this task, sometimes acting, other times with objects, skills, physics, circus, inventions, gadgets, or choreography, whether in solos, duets, trios or troupe of clowns...

And where is the link...

The key to flowing in this dynamic is freedom, play and the ability to move from one extreme to another. Stop acting and start being, allowing instinct, instead of reason, to resolve the situation.

Improvisation becomes the essential link and the fundamental basis for developing any scene, play or performance.

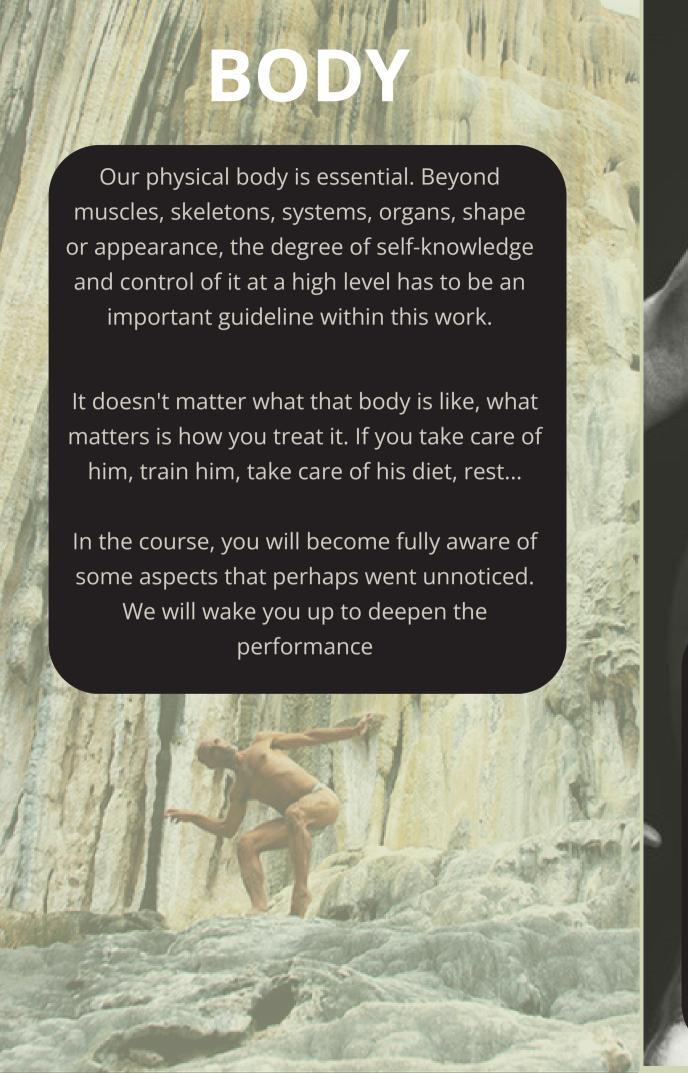
The release of clown emotions and the deep connection with my inner self that Butoh offers are authentic foundations that strengthen the artist's creativity and enrich the life experience.

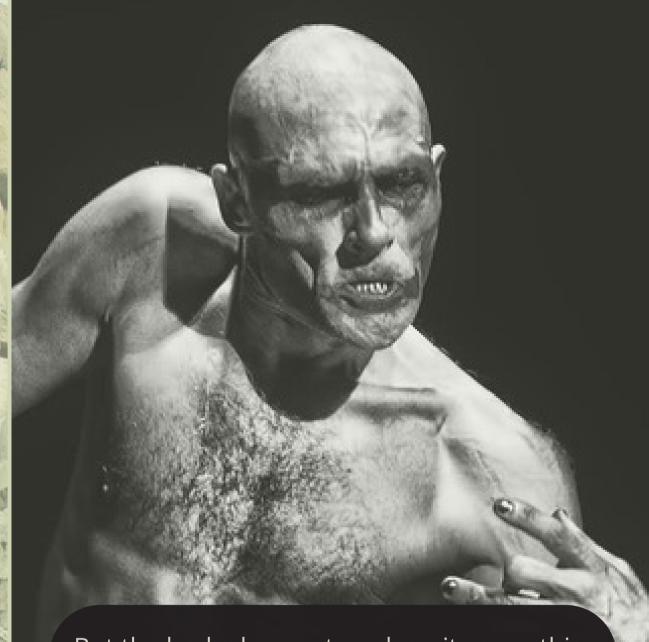


These three pillars, physical, mental and spiritual, are the basis of my workshops. Through exercises from different disciplines, it is proposed to begin to be aware of this reality and train in each of them. Some are specific and others intertwine the three bodies to be authentic, unique, original.

The attitude when facing the proposals, both at the level of learning, creation and execution, differs in each one due to their state of life, related to all of the above, since these three aspects of being are intrinsically related.







But the body does not work on its own, this is where the control room comes into play: the mind. Whether we like it or not, a lot of activity is automatic, and it is good that it is that way. Blood flow, the nervous system, cellular transformation, the synthesis of vitamins and a thousand wonderful transformations that make us feel, move, dream, imagine. In short, LIVE!

MIND

The other manifestation of the self, which gives you these butoh-clown opposites, leads to stress. To shock. It will take a necessary time, and different for each one, for this fusion to not generate "mental noise."

What interests us about the mind is that it is awake, to propose an imaginary infinity.

Sometimes abstract, other times concrete, so that the body can interpret, manifest, create, play and BE.

Also, the senses are wide open, present, ready, at maximum sensitivity to interpret external stimuli, whether in class, in creation or in full performance

This guarantees success when it comes to finding the path to follow because it awakens another of the basic aspects: instinct, which is going to save the situation, bringing any proposal to success, since it is based on a reaction from the most depth of the performer.

SPIRIT

It goes beyond individual beliefs. This aspect will give us a uniqueness that will be reflected in the authenticity, the fruit of the unique imagination of the creator of both the physical expression and the creation, and of the experiences lived from the moment of conception, or even before.

A life in connection with spirituality will provide depth, originality and authenticity to the creative being.



BUTOH-CLOWN EXPERIENCES



ETECLOWN TORRES
UFFF A LOT TO SAY, IN A FEW WORDS THANK YOU MASTER!!!



I HIGHLY RECOMMEND EL LOCO'S WORKSHOPS



BRENDA FLORES
ONE OF THE BEST WORKSHOPS OF MY LIFE! NOT TO BE MISSE



Jordi Gonzales Cano
soy david loco circo, ahora co
artista Pallasso Roc, les dire
luis brusca, mas conocido co
diferentes años, dentro de la
productor os dire que no sal
exigencias y con un gran cari
grandes dosis de optimismo
casa epoca, tiene sus cosas, o
los talleres que mas nos influ
guerra de irak, programamos
genero un pedazo de batallo
muchas ciudades y muchas r
de luis te queda en el gen de

6 setm M'agrada Respon



SONIA NARDONE

I SAW EL LOCO BRUSCA ABOUT 20 YEARS AGO IMPROVISING SOLO IN A BAR, THE THEN "LIMON". HE BLEW ME AWAY SO MUCH THAT SHORTLY AFTERWARDS I TOOK AN IMPROVISATION COURSE WITH HIM. SAND I'VE BEEN DOING IMPRO FOR MORE THAN 10 YEARS.

SO EVEN IF IT'S NOT THE SAME COURSE, THE EXPERIENCE IS UNQUESTIONABLE AND HE'S A CRACK.

I HIGHLY RECOMMEND HIM ***.

BUTOH-CLOWN EXPERIENCES



ETECLOWN TORRES
UFFF A LOT TO SAY, IN A FEW WORDS THANK YOU MASTER!!!



JOSÉ ORELLANA DÍAZ I HIGHLY RECOMMEND EL LOCO'S WORKSHOPS



BRENDA FLORES
ONE OF THE BEST WORKSHOPS OF MY LIFE! NOT TO BE MISSED ♥



SONIA NARDONE
I SAW EL LOCO BRUSCA ABOUT 20 YEARS AGO IMPROVISING SOLO IN A BAR, THE THEN "LIMON".
HE BLEW ME AWAY SO MUCH THAT SHORTLY AFTERWARDS I TOOK AN IMPROVISATION COURSE WITH HIM. SAND I'VE BEEN DOING IMPRO FOR MORE THAN 10 YEARS.
SO EVEN IF IT'S NOT THE SAME COURSE, THE EXPERIENCE IS UNQUESTIONABLE AND HE'S A CRACK.
I HIGHLY RECOMMEND HIM **.

BUTOH-CLOWN EXPERIENCES



SERGIO ADRIAN MIÑO
REALLY THE EXPERIENCE OF ACQUIRING KNOWLEDGE WITH THIS BEING IMPLIES NOT ONLY A BEFORE AND AFTER IN THE CAREER OF ANY ARTIST, BUT ALSO ONE BEFORE AND AFTER IN YOUR LIFE! THE GREAT EXPIRENCE OF THE WORLD! !!! I WAS ONLY A PARTICIPANT IN ONE OF HIS GREATEST EVENTS LIKE "THE BATTLE", INCREDIBLE IN TERMS OF CREATIVITY INCREDIBLE AT THE LEVEL OF CREATIVITY, RESOURCES, PRODUCTION, AND MOBILIZING FEELINGS AND TOTALLY LIBERATING ... AND THE PASSION WITH WHICH HE TRANSMITS HIS KNOWLEDGE, HIS PROFESSION AND HIS LIFE! THANK YOU MASTER. HERE'S TO MORE SUCCESS. ALTHOUGH THE BOAT IS WOBBLING, WE KEEP ROWING IT. I, "RELÁMPAGO KATAFALCO" RECOMMEND IT TO YOU.



I AM DAVID LOCO CIRCO, NOW COLLECTIVE "NOU CIRC SOCIAL ILLES BALEARS" AND AS AN ARTIST PALLASSO ROC, I WILL TELL YOU THAT AS A PRODUCER OF EVENTS, I PROGRAMMED THE COURSES OF LUIS BRUSCA, BETTER KNOWN AS LOCO BRUSCA, FROM 2003 TO ALMOST 2010, IN DIFFERENT YEARS. I WOULD LIKE TO SAY THAT AS A PRODUCER OF THE "FESTIVAL CIRC DE LES CULTURES", I CAN'T TELL YOU HOW MUCH I APPRECIATE SOMEONE WITHOUT ARROGANCE, WITHOUT GREAT DEMANDS AND WITH A GREAT CHARISMA OF PROFESSIONALISM IN HIS WORKSHOP, PROVIDING LARGE DOSES OF OPTIMISM TO BOTH THE PROGRAMMER AND THE ASSISTANTS IN THE WORKSHOP. (...) IT WAS INTENSE, LUIS'S COURSE WILL REMAIN IN YOUR ART COMEDY GEN FOR EVER.

SUMMARY

The butoh-clown training proposal, which spans five days in residence, is a bold initiative in the current cultural panorama. This immersive experience is the only one currently offered in this format in and represents a brave commitment to culture and innovation in the performing arts.

Butoh, with its roots in post-war Japan, is a dance that explores deep and existential themes, while clowning, with its history in comedy and physical theater, seeks to connect with humanity through laughter and vulnerability. The fusion of these two disciplines in an intensive residency environment offers participants the opportunity to deepen their artistic and personal practice.

Artists and professionals will enjoy a space for scenic and personal development, where they can explore new dimensions of creative and emotional expression. This program is not only an opportunity to improve technical skills in the world of clown and butoh, but it is also an invitation to overcome the challenges that artists face, allowing them to grow both in their art and in their daily lives.

This butoh-clown training is a brave and unique cultural offering that offers a transformative experience for those willing to immerse themselves in a journey of self-discovery and artistic growth.



DETAILS

Course price includes:

- 40 hours of intensive training, in natural spaces and a room + exhibition with the public.
- breakfast, mid-morning and mid-afternoon snack
- food (the diet will be vegetarian. Please indicate special conditions when formalizing registration)
- APCCV members have a 10% discount.

Information about different accommodations will be provided after reservation and assessment of personal needs.

COURSE PRICE: - €620 -

FIRST TEN REGISTRATIONS - €530 -

POSSIBILITY OF DEFERRED PAYMENT

EFFECTIVE RESERVATION AFTER PAYMENT OF €90

RESERVATIONS WHATSAPP - TELEGRAM +34 60 60 99 321 BEA@ARTEBABEL.COM



METHODOLOGY

The course is based on self-discovery and creative expression.

- Practical and enriching methodology that will cover the fundamental pillars of your being: physical, mental and spiritual. Here I will guide you through various disciplines and exercises that will allow you to explore and expand your skills. This course is an invitation to explore, experiment and discover the artistic potential that resides within you.
- We explore the connection between opposites, opening the door to transformation, loss of control and freedom. Throughout the course, we will integrate disciplines such as Butoh, clown, pantomime, theater, impro... to enrich your repertoire and provide you with diverse creative tools.
- Each session will be a practical experience, with direct contact with real elements and situations. I will encourage you to apply the concepts learned immediately and reflect on your experiences. Constant feedback will be key to your development, and together we will create a space where you can grow artistically and personally.
- At the end of the course, you will have the opportunity to materialize everything you have learned with a final exhibition with the public, which will reflect the work done.



LUIS BRUSCA (ENGINEER LUIGGI, LA PAMPA, ARGENTINA, 1964)



I was born in La Pampa, Argentina, in 1964; diagnosed as a "psycho-clown" (although I don't know when or who made this diagnosis...), my life is an exciting journey through the world and through art...

From my beginnings at the National School of Dramatic Art in Buenos Aires to my studies in Barcelona, I have built a career that covers sculpture, painting, dance and especially street performance, improvisation, direction, theater and CIRCUS. Lots of Circus!

But with you, I want to share more than just shows; I want to travel to a place where laughter, emotion, madness and reflection, transformation are intertwined for you in a unique way.

In this workshop that explores body alchemy through experience, emotion, introspection; I want to enhance your inspiration, enhance your artistic and personal growth, be the channel to connect with your art. Without masks, head on, empowering you.

As a teacher, I teach expression technique courses in various countries with my own technique developed over years of training and experience.

My impro, clown, butoh-clown workshops and residencies are opportunities to discover your creativity, connect with your emotions and enhance what identifies you, that is yours, that makes you unique.

I AM MORE THAN A PERFORMER; I AM AN ARTIST WHO HAS SOMETHING TO TELL YOU, WHO SEEKS TO INSPIRE YOU, WHO WANTS TO AWAKEN YOUR EMOTION AND MAKE YOU PARTICIPATE IN THE MAGIC. WILL YOU JOIN THIS ADVENTURE FULL OF LEARNING, LAUGHTER AND UNIQUE MOMENTS?

BUTHO CLOWN RESIDENCIA CREATIVA

Do you want to know more?

www.locobrusca.com

+34 60 60 99 321